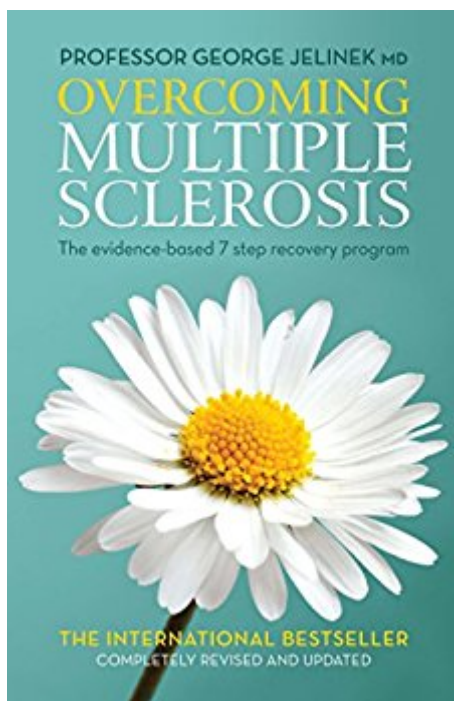


The book was found

Overcoming Multiple Sclerosis



Synopsis

Overcoming Multiple Sclerosis is an established and successful program of treatment. Once a diagnosis of MS meant inevitable decline and disability. Now thousands of people around the world are living healthy, active lives on the Overcoming Multiple Sclerosis recovery program. Overcoming Multiple Sclerosis explains the nature of MS and outlines an evidence-based 7 step program for recovery. Professor George Jelinek devised the program from an exhaustive analysis of medical research when he was first diagnosed with MS in 1999. It has been refined through major ongoing international clinical studies under Professor Jelinek's leadership, examining the lifestyles of several thousand people with MS world-wide and their health outcomes. Overcoming Multiple Sclerosis is invaluable for anyone recently diagnosed with MS, living with MS for years, or with a family member with MS. It makes an ideal resource for doctors treating people with MS. 'I would have no hesitation in recommending Overcoming Multiple Sclerosis to my patients, but also to my friends and colleagues.' Professor Gavin Giovannoni, MBBCh, PhD, FCP (S.A., Neurol.), FRCP, FRCPATH, Chair of Neurology, Blizzard Institute, Barts and The London School of Medicine and Dentistry 'Overcoming Multiple Sclerosis combines hard scientific evidence with practical advice and compassion. It will be of benefit to nearly everybody affected by MS and I heartily recommend it.' Dr Peter Fisher FRCP, Physician to Her Majesty Queen Elizabeth II, and Director of Research, Royal London Hospital for Integrated Medicine

Book Information

File Size: 2183 KB

Print Length: 504 pages

Publisher: Allen & Unwin (June 22, 2016)

Publication Date: June 22, 2016

Language: English

ASIN: B01IDP3S8E

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #172,844 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #32

in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Multiple Sclerosis #172

inÂ Kindle Store > Kindle eBooks > Medical eBooks > Diseases #812 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments

Customer Reviews

This book is quite simply required reading for anyone with MS or anyone who knows someone with MS. There is also strong evidence suggesting the lifestyle is extremely beneficial for anyone having (or wishing to prevent) any of the 'autoimmune' diseases that are currently so prevalent in the western world! I have been following the OMS lifestyle approach for 7 years now and I couldn't be happier or more grateful. I have gone from a rapidly deteriorating situation to one of complete health without any symptoms - something very unusual according to statistics for those following so-called 'normal' treatment plans. The approach and lifestyle are simple to adapt, and Professor Jelinek provides you with all of the scientific evidence you will need to begin a life-changing health journey. The real life advice on getting started is simple to understand...especially if using the overwhelming backdrop of supporting science.

It is a breakthrough book, with many scientific references and issues related to positive overcoming MS. Great stuff!

Everything is fine.

[Download to continue reading...](#)

Multiple Sclerosis: Simple Changes to Help You Manage Your Multiple Sclerosis Overcoming Multiple Sclerosis: The evidence-based 7 step recovery program Overcoming Multiple Sclerosis Healing Multiple Sclerosis: Diet, Detox & Nutritional Makeover for Total Recovery, New Revised Edition A Practical Guide to Fecal Transplants: A Revolutionary Approach to C. Difficile, Ulcerative Colitis, Crohn's Disease, Dysbiosis, Multiple Sclerosis & More! Herbs and Nutrients for Neurologic Disorders: Treatment Strategies for Alzheimer's, Parkinson's, Stroke, Multiple Sclerosis, Migraine, and Seizures What is a Probiotic, Probiotics against Obesity, Colon Cancer, Inflammatory Bowel Disease, Heart Disease, Multiple Sclerosis, Weight Loss, Cholesterol, Diabetes and Autism. Digestive Wellness Exercises for Multiple Sclerosis: A Safe and Effective Program to Fight Fatigue, Build Strength, and Improve Balance Why Is There No Multiple Sclerosis At The Equator? How Brazilian Doctors Are Curing Ms With High-Dose D3 Autoimmune Disease: Discover The Symptoms & Treatment of Chronic Pain & Genetic Disease (Musculoskeletal, Anti Inflammatory, Arthritis, Fibromyalgia, Multiple Sclerosis, Symptoms, Celiac Book 1) MS: Something Can Be Done and You

Can Do It : A New Approach to Understanding and Managing Multiple Sclerosis Live Your Life, Not Your Diagnosis: How to Manage Stress and Live Well with Multiple Sclerosis Healing Multiple Sclerosis, New Revised Edition Diet, Detox & Nutritional Makeover for Total Recovery Multiple Sclerosis Optimal Health with Multiple Sclerosis: A Guide to Integrating Lifestyle, Alternative, and Conventional Medicine The Multiple Sclerosis Diet Book: A Low-Fat Diet for the Treatment of M.S., Revised and Expanded Edition IS IT LEAKY GUT OR LEAKY GUT SYNDROME: Clean Gut, Allergies, Fatty Liver, Autoimmune Diseases, Fibromyalgia, Multiple Sclerosis, Autism, Psoriasis, Diabetes, ... & More (Digestive Wellness Book 2) Multiple Sclerosis: Understanding the Cognitive Challenges My Mom Has Multiple Sclerosis: Gail Explains MS to Kids MS - Living Symptom Free: The True Story of an MS Patient: A Guide on How to Eat Properly and Live a Healthy Life while Controlling, Reducing, and Eliminating the Symptoms of Multiple Sclerosis

[Dmca](#)